

Summer Camps

• • • 2018 • • •



\$169 PER CAMP

MONDAY - FRIDAY • 8AM - 12PM

All camps include complimentary drinks and snacks.

No
Experience
Necessary

Field
Trip
Fridays

Martial
Arts &
Fun

JUNE

6/11 - 6/15

AMERICAN NINJA WARRIOR CAMP I

6/18 - 6/22

DODGEBALL & AGILITY CAMP

6/25 - 6/29

JEDI WEAPONS CAMP

JULY

7/16 - 7/20

GIRL POWER CAMP

7/23 - 7/27

AMERICAN NINJA WARRIOR CAMP II

7/30 - 8/3

NINJA COMMANDO CAMP

Anastasia Island School • 112 "A" Anastasia Boulevard, St. Augustine, FL 32080

904.823.3464 • • • NFMA.com

Summer Camp Details

... 2018 ...



***We specialize in teaching beginner students and welcome all students to attend our camps!
This year we will have a tiny tiger team (ages 4-6) and ages 7 and up!***

6/11-6/15 • AMERICAN NINJA WARRIOR CAMP I

Join us in this action-packed camp and train like a Ninja Warrior. Campers will compete on a variety of obstacle courses and fitness challenges! Have fun improving your speed and agility while flying over hurdles, crawling through tunnels, high jumps, long jumps, and ladder games, speed strikes, tug a war, wall sit, burpees and planks! Nice work grasshopper!

6/18-6/22 • DODGEBALL & AGILITY CAMP

Battle your friends and work on your agility, while playing a variety of Dodgeball challenges! Barrier Ball, Island Ball, Power Ball are just a few of our challenges! Black Belt jump rope, cones and ladders will keep you fast, agile and strong like a martial arts master!

6/25 - 6/29 • JEDI WEAPONS CAMP

May the force be with you when you handle your light saber during this camp. Train with Master Holanchock and study the styles of Yoda and Anikin! Our Padawons will learn many combat and weapon skills of the Jedi, putting them to the test while battling their friends! Star wars costumes, memorabilia, and movies too!

7/16 - 7/20 • GIRL POWER CAMP

A camp just for our young ladies! "I am a girl, I am smart, strong and I can do anything." Tough and pampered, self-defense, empowerment, fight like a girl, spa day, jewelry making, and yoga.

7/23 - 7/27 • AMERICAN NINJA WARRIOR II

This was last summer's most popular camp! In this 2nd version campers will help design the courses and we will mix it up and add different obstacles and fitness challenges! Come back and test your martial arts warrior spirit!

7/30 - 8/3 • NINJA COMMANDO CAMP

During this camp we will explore the skills of the ancient ninja! Ninjas were well trained commandos in martial art skills such as kicking, punching, ducking and jumping! Campers will also train with a variety of padded weapons such as nunchakus, bo staffs, throwing stars-shurikens and swords!

Information contained in these materials are neither sponsored by nor endorsed by the School Board of St. Johns County, its agents or its employees.

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